

Top Reasons to Wear the Right Protective Gear

BECAUSE GETTING HURT.....HURTS!!!

1. Teeth belong in your mouth ONLY – wear a mouth guard
2. Your head – and brain – will thank you for wearing a helmet
3. You shouldn't have to pay with an injury to play – protect yourself
4. Pavement is meant for tires, not faces
5. The not-so-gentle “contact” in contact sports leads to injury-meaning, you are OUT of the game.

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